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Sugar-Free Auto-Immune Recipes Quick Sugar-Free Recipes in 10 Minutes or Less: 2 Book Combo (Paperback)

By Ariel Sparks

Createspace, United States, 2014. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Welcome to the Diabetic Delights Cookbook Set!A series of Sugar-Free Cookbooks for home cooks and food enthusiasts!Looking For New Sugar-Free Ideas That Actually Taste Great?Explore the world, and make cooking an easy task with Ariel Sparks, as she takes you through different cultures and cooking techniques all carefully designed to please diabetics, or anyone trying control their sugar levels!Perfect For DiabeticsYou ll find a plethora of quick, easy-to-make, cheap, and delicious recipes for every course and every occasion. The best part - you ll experience steady glucose levels and much more energy! Busy Moms Listen Up!Ariel delivers delicious recipes for the entire family. She was a working mother when she decided to write these books, she understands the constraints that come with the territory. Hungry? Excited? There s More!You ll never have trouble coming up with meal ideas again. The Diabetic Delights Cookbooks provide you with everything you need to go Sugar-Free, stay Sugar-Free, and LOVE EATING SUGAR-FREE: Vitamix Recipes - Soups, Smoothies, Juices, and Sauces - don t have a Vitamix? A blender will do just fine!A Collection of Your Favorite Foods...



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