

Once Again Love: Reconnecting with the Heart (Paperback)

Filesize: 9.53 MB

Reviews

This sort of book is every little thing and got me to searching ahead and a lot more. This can be for all those who statte there was not a well worth reading through. I am just easily could possibly get a delight of reading through a published pdf. *(Floy Rolfson)*

ONCE AGAIN LOVE: RECONNECTING WITH THE HEART (PAPERBACK)



Sarita Mathur, United States, 2013. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Extended Description In the motivational collection Once Again.Love, author Sarita Mathur introduces readers to the joy of a life filled with love through a whimsical mixture of poetry and prose. At times heartbreaking, Sarita s recollection of the experiences that brought her to this point of inner radiance remains an uplifting testament to the power of positive thinking. Sarita always considered herself a happy and content individual. However, when she awoke from a routine surgery to correct a painful back ailment, she instantly knew something was very, very wrong. For the first time in her life, Mathur felt depressed, even contemplating suicide at times. Doctors told her that an unforeseen side effect of the surgery had led to severely low serotonin levels in her brain, causing this debilitating state of depression. Once Again Love tells the story of Sarita s journey towards recovery as she rediscovers the inner peace that love can bring. She emphasizes the transient nature of the ups and downs of life through her V for Victory model: Many times we begin life on a high or up swing, only to eventually plunge down into the depths of despair as our hopes and dreams seem ever further out of reach. Through the V model of thinking, however, Mathur emphasizes the inevitable upward motion of victory, of finding triumph and joy in life once again. Readers will find inspiration, empathy, and encouragement within the pages of Once Again.Love. Mathur helps audiences of all ages find strength within themselves, in part through her My Own Natural Energy Yields (MONEY) philosophy. This idea, that an abundance of love and positive energy that resides within oneself will naturally flow outward and attract more...

Read Once Again Love: Reconnecting with the Heart (Paperback) Online
Download PDF Once Again Love: Reconnecting with the Heart (Paperback)

You May Also Like

لحر

From Kristallnacht to Israel: A Holocaust Survivor s Journey

Dog Ear Publishing, United States, 2009. Paperback. Book Condition: New. 226 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.In the 1930s, as evil begins to envelope Europe, Karl Rothstein... Save Book

لحر	

THE Key to My Children Series: Evan s Eyebrows Say Yes

AUTHORHOUSE, United States, 2006. Paperback. Book Condition: New. 274 x 216 mm. Language: English . Brand New Book ***** Print on Demand *****. THE KEY TO MY CHILDREN SERIES: EVAN S EYEBROWS SAY YES is about... Save Book

X	

To Thine Own Self

Dog Ear Publishing, United States, 2011. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Carefree and self assured Carolyn loves her life. Her uncle runs... Save Book

لم

Crochet: Learn How to Make Money with Crochet and Create 10 Most Popular Crochet Patterns for Sale: (Learn to Read Crochet Patterns, Charts, and Graphs, Beginner s Crochet Guide with Pictures)

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. Getting Your FREE Bonus Download this book, read it to the end and...

Save	Book
»	

»

	2
لحر	

The Stories Mother Nature Told Her Children

1st World Library, United States, 2005. Paperback. Book Condition: New. 216 x 140 mm. Language: English . Brand New Book ***** Print on Demand *****.Purchase one of 1st World Library s Classic Books and help... Save Book

»