



Winning Ugly (New edition)

By Brad Gilbert, Steve Jamison

Simon & Schuster. Paperback. Book Condition: new. BRAND NEW, Winning Ugly (New edition), Brad Gilbert, Steve Jamison, He's been called the best in the world at the mental game of tennis. Brad Gilbert's strokes may not be pretty, but looks aren't everything. He has beaten the Tour's biggest names - all by playing his ugly game. Now in Winning UglyGilbert teaches recreational players how to win more often without necessarily even changing their strokes. The key to success, he says, is to become a better thinking player - to recognize, analyze and capitalize. That means outthinking your opponents before, during and much after a match; forcing him or her to play your game. Winning Ugly is an invaluable combat manual for the court, and its tips include some real gems. Ultimately, Winning Uglywill help you beat players who have been beating you.



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