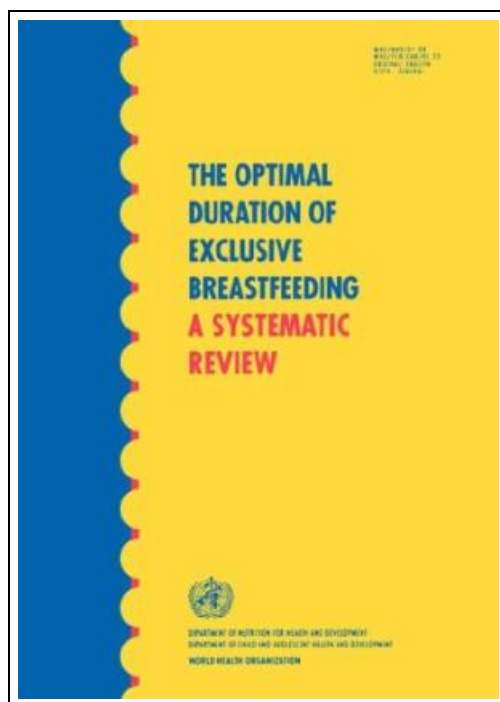


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THE OPTIMAL DURATION OF EXCLUSIVE BREASTFEEDING: A SYSTEMATIC REVIEW (PAPERBACK)



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World Health Organization, Switzerland, 2002. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.The longstanding debate over the optimal duration of exclusive breastfeeding has centered on the so-called weanling s dilemma in developing countries: the choice between the known protective effect of exclusive breastfeeding against infectious morbidity and the (theoretical) insufficiency of breast milk alone to satisfy the infant s energy and micronutrient requirements beyond 4 months of age. The primary objective of this review is to assess the effects on child health, growth, and development, and on maternal health, of exclusive breastfeeding for 6 months vs exclusive breastfeeding for 3-4 months with mixed breastfeeding (introduction of complementary liquid or solid foods with continued breastfeeding) thereafter through 6 months.



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