



Cooking at Home with the Culinary Institute of America: Essential Techniques and

By Lahey, Lisa, Editor. Wheeler, Margaret, Editor.

Houghton Mifflin. 1 Cloth(s), 2013. hard. Book Condition: New. Culled from the Culinary Institute of America's own teaching materials, this outstanding, beautifully illustrated kitchen reference is a revised edition of a 2004 IACP Cookbook Award winner, offering a mini-course in the essentials of cooking, along with 200 international recipes. This substantial tome provides the institute's expertise on the equipment, ingredients, and techniques needed to become a great cook, from proper knife skills to such cooking methods as braising, grilling, sautéing, and stewing. The book's recipes are delicious and easy to make, from Roast Chicken with Pan Gravy to Zucchini Fritters with Feta, and from New England Seafood Chowder to Coconut Cream Pie. The book also includes a glossary and a metric conversion chart. 408.



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