

# Scrambles in the Lake District - South (Paperback)

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### Reviews

This ebook is worth acquiring. Better then never, though i am quite late in start reading this one. You will not truly feel monotony at at any time of your own time (that's what catalogues are for about if you ask me). (Lorenz Vandervort)

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## SCRAMBLES IN THE LAKE DISTRICT - SOUTH (PAPERBACK)



Cicerone Press, United Kingdom, 2016. Paperback. Condition: New. 2nd Revised edition. Language: English . Brand New Book. This guidebook describes 126 gill and crag scrambling routes in the north of the Lake District, with sections covering Langdale, Easedale, Coniston, Duddon Valley, Howgills, Eskdale, Longsleddale and Kentmere. Each route is graded from Grade 1 straightforward scrambling, through Grades 2 to 4, where the use of a rope is recommended. In addition, a star system (1 to 3 stars) highlights the best routes. The guidebook includes classic routes such as III Crag, Eskdale; Jack s Rake on Pavey Ark; Thor s Butress, Eskdale; Esk Gorge; and Raven Crag, Yewdale. Each section includes a map showing the location of the scrambles, and routes are accompanied by information on the best approach, along with a sketch diagram of the crag and the route line. The book includes invaluable of advice on equipment, safety, rope techniques, and scrambling techniques, as well as notes on access and conservation. The Lake District s rich mix of rocks, gills and crags offers the scrambler a complex variety of routes, often well removed from the beaten track.

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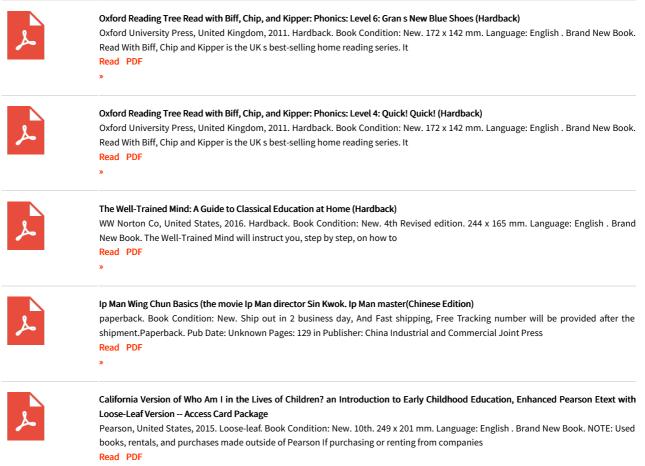
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