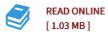




Therapy with Young Men: 16-24 Year Olds in Treatment

By Dave Verhaagen

Taylor Francis Ltd, United Kingdom, 2010. Paperback. Book Condition: New. 229 x 142 mm. Language: English . Brand New Book. Young adult men in their late teens and early twenties are statistically the least happy of any group of males surveyed. What s more, scholarly research tells us that adolescent boys and young men have the highest rates of behavioral problems, completed suicides, and drug and alcohol problems of any demographic group. They also tend to have greater problems managing their emotions and successfully negotiating close interpersonal relationships, which makes therapy more complex and challenging. However, when done well, therapy with young men can be highly effective and quite rewarding for both the therapist and client. In Therapy With Young Men, Verhaagen presents a comprehensive model of therapy with young men that addresses each of these concerns, beginning with the rapport and engagement process, and then moving to ways to increase motivation for changing problem behaviors and increasing adaptive skills. The book describes a wide range of novel, effective cognitive-behavioral interventions that can readily be employed in the therapeutic process.



Reviews

This book is definitely not straightforward to get started on studying but extremely exciting to read. It is really simplistic but shocks in the 50 percent of the ebook. Once you begin to read the book, it is extremely difficult to leave it before concluding.

-- Ally Reiche

This publication is amazing. It is definitely basic but shocks in the fifty percent of your publication. You wont feel monotony at anytime of your own time (that's what catalogues are for concerning if you question me).

-- Prof. Kirk Cruickshank DDS

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