



The Naturally Healthy Traveler: Effective Solutions for Common Ailments on the Road and at Home (Paperback)

By Susan W. Kramer

Lotus Press (WI), United States, 2013. Paperback. Condition: New. Revised. Language: English . Brand New Book. This book tells you how to locate and use remedies from health food stores, kitchens, groceries, online sites, the wilderness - and even your own backyard - to relieve common ailments and stresses so often experienced when traveling. It s packed with helpful information you ll use again and again, and it is the perfect companion for business, holiday, adventure, and armchair travel.



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