



Start Your Spiritual Path

By Shaktima Brien

Createspace, United States, 2015. Paperback. Book Condition: New. Francesca Elettra Cudignotto (illustrator). 203 x 127 mm. Language: English . Brand New Book ***** Print on Demand *****.Start your spiritual path. Embark your trans-personal journey. Listen to your call. Find your voice. Be real, free and authentic. As humanity is using only a small percentage of its intelligence (capacities, potential), it is a loss for all of us not to give and receive the best of each of us. The world can benefit from brighter minds, and self awareness. As a kid, growing up, I wanted to know everything. What was the fastest way to know? At 38, in the midst of a successful career in Communication, I found that something was missing, so I embarked on a spiritual quest to find meaning, and grow a soul. Here are the shortcuts and breakthroughs that I found the most effective to reconcile body-mind-spirit balance and satisfaction within: open your Third Eye; become psychic, identify your symbols; spin your wheels of energy; awaken your breath of fire; ignite your orgasmic body; discover your past lives; find your original mantra; be free from bondage and domination.



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