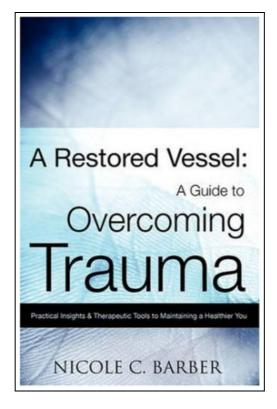
## A Restored Vessel: A Guide to Overcoming Trauma (Paperback)



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Xulon Press, United States, 2008. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. A Journey From Brokenness To Wholeness A Restored Vessel reveals the underlying issues of sexual abuse and domestic violence through an in-depth and candid perspective. The author invites the reader to witness the restoration process of an individual who was immobilized by trauma. This book will equip you with skills and provide you with a personal testament on how to cope with trauma related events. Learn how to: recognize the role of emotional addiction in abuse identify the grief process of individuals confronted with trauma break the emotional addictive cycle stop living under false misconceptions and beliefs acknowledge the warning signs of a dysfunctional relationship discover your purpose, your talents and your gifts reprogram your negative thinking into positive thinking construct therapeutic, practical and spiritual goals Nicole Barber, MA, CAS, LCPC, NCC has over 16 years of experience working with individuals confronted with mental health, familial and spiritual dilemmas. She is a licensed clinical professional counselor who provides psychotherapy to children, adolescents, adults and their families. Moreover, she is an ordained minister. These positions allow her to provide counseling to individuals who have encountered abuse, domestic violence, sexual assault, prostitution, incest, and emotional addiction. Currently, she holds the professional positions as the East Regional Director of the Black African American Christian Counselors and the Program Director of a Christian counseling facility.



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