



Applied Physiology Including the Effects of Alcohol and Narcotics (Classic Reprint)

By Frank Overton

Forgotten Books, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Excerpt from Applied Physiology Including the Effects of Alcohol and Narcotics The author of this intermediate grade of Applied Physiology has designed the work to be not merely an introduction to the study of anatomy and physiology, but a complete elementary work in itself, giving a clear picture of how each organ of the body performs its work. In presenting hygienic facts to pupils before they have an elementary knowledge of anatomy and physiology, there is a violation of pedagogical principles. The laws of healthful living cannot be grasped without this elementary knowledge of the human machine to which the laws apply. Advice to a pupil will have an effect in direct proportion to the confidence reposed in the teacher. New environments and duties demand new applications of laws. Every business man is often compelled to break common hygienic laws in regard to eating, exposure, and overwork. Thus mere advising conduces but little toward intelligent living. On the other hand, prohibition arouses in children a desire to do the forbidden thing, especially if it be a rule...

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