



## Crockpot + Dash Diet: Box Set - 100 Easy Recipes For: Healthy Eating, Healthy Living, Weight Loss (Paperback)

By Modern Kitchen

Createspace Independent Publishing Platform, 2016. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Discover A Box Set of 100 Easy Crockpot and Dash Diet Recipes For Healthy Eating, Healthy Living Weight Loss Let s start with a few questions. Do you want an abundant supply of delicious, easy recipes at your fingertips? Would you love to have more energy, be happier and feel healthier every day? Do you find that you don t have time to prepare healthy and delicious meals and snacks? If any of the above questions made you think Yes , then this book is for you! Inside this book s pages, you ll be introduced to the benefits of eating the CROCKPOT DASH DIET meals while getting 100 of the best recipes out there specifically designed for weight loss and becoming a healthier version of yourself. This book is informational, to the point and organized in such a way that you can come back to it again and again for easy reference. Want to get access to the 100 best CROCKPOT DASH DIET recipes out there? What are you waiting for? Scroll up and Add to Cart TODAY. See you...



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