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Rookie Dad: Fun and Easy Exercises and Games for Dads and Babies in Their First Year (Paperback)

By Susan Fox

SIMON SCHUSTER, United States, 2001. Paperback. Condition: New. Original ed.. Language: English . Brand New Book ***** Print on Demand *****.Get in the game of fatherhood! All new dads want to bond with their babies -- but how? With seventy-two safe, simple exercises, each illustrated with a fun photograph, Rookie Dad helps busy fathers make a real connection with their little ones -- and have a ball doing it! Shake Hands with Dad promotes motor coordination Eyes on the Ball boosts eye-tracking skills Flashlight Tag is fun at lights-out time Crunch Time helps baby learn balance while tightening Daddy's abs Box Score is a fantastic tool for bedtime, helping babies enjoy snug spaces These and other age-appropriate activities, designed for the newborn to the twelve-month-old, help develop fundamental skills needed for sitting, crawling, walking, and more. They also plant the seeds for a lifelong love of sports and physical fitness. But all Baby knows is Dad is really fun to be with! Be a champion to the MVP in your life -- by sharing the joyful and unique approach to quality time illustrated in Rookie Dad.

Reviews

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Definitely among the best ebook I actually have possibly read through. It is really simplified but unexpected situations in the 50 % from the publication. You wont truly feel monotony at at any time of the time (that's what catalogues are for concerning in the event you ask me).

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